

Seattle Shores Chorus



Volume 1, Issue 4

SUMMER of 2010

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Special Thoughts

"Music is the art of thinking with sounds."
From Viva Musica!

We all have a VOICE!



This is the fourth quarterly newsletter to be sent. If you received it in the post and would rather receive it thru e-mail, know someone else that would enjoy receiving it, or would like to be removed from our list—Let us know. See contact information on the back page.

SHOWTIME

SAVE THE DATE!! Save when there's a midlife crisis. Saturday, October 2, 2010 for a very exciting show with the Seattle Shores Chorus.

Come hear the story of a woman going through a midlife crisis with the Seattle Shores Sweet Adeline Chorus telling it in four-part acapella harmony. Her name is "Melody" and we will take you through her serious to sometimes humorous developments in "Once Upon A Midlife Crisis". The Seattle SeaChordsmen will be joining us on stage since there's usually a guy or two involved



The show will be Saturday, October 2, 2010 at the Shoreline Community College Campus Theater, 16101 Greenwood Avenue N., Shoreline, WA. Start time is

7:00 pm. Tickets are \$18 for adults, \$15 for seniors and children, \$50 for a family of four (order family tickets through the chorus). You can order tickets through one of our chorus members, by phone at (206) 363-8987, or via email to seattle.shores@yahoo.com. The \$18 and \$15 tickets can also be ordered through brownpapertickets.com.

We look forward to seeing you on October 2nd.

By Donna Heivilin

Our Wonderful Coaches

To help in our continuing effort towards improvement, we were lucky to have coaching from two wonderful women well known in the organization.



Melanie Wroe worked with us in March. Melanie is active

locally and nationally with Sweet Adelines International. She serves as a Certified Showmanship Judge and

faculty member, teaching workshops and coaching a cappella groups on visual performance, competition preparation, and show development. She travels all over the world as a coach and as a judge.

Melanie helped us practice our expressions and how to tell the story of a song with our faces and bodies. She reminded us that the most important people in any show are "out there", meaning the audience, and to never forget that the audience is the reason we

perform. Our evening was filled with stories and suggestions towards improving our craft, and increasing our enjoyment of this wonderful hobby.

Carole Kirkpatrick came in May and worked on our sound. Carole Kirkpatrick is the former Master Director of the top-10 international medalists,



Wonderful Coaches (continued from front page)

Pacific Sound Chorus in Region 13.

She is also a Certified Expression Judge, past International President, Judge Specialists Moderator, on the International Board of Directors, and the Finance Committee. Carole has been a member of Sweet Adelines for 37 years! The coaching of quartets and choruses, training judges and coaches, and teaching a variety of subjects from vocal production and directing skills to team building for section leaders, music staff, choreography teamwork and long-range planning are just a few of her many talents.

We spent the evening working on a contest piece we'll be performing next year

in Spokane. She helped with interpretive suggestions, and worked with us on our breathing, posture, and stamina. We left rehearsal that night suitably exhausted, but with lots of ideas to help us in our continual quest for improvement.

Both these wonderful women live locally and we are so fortunate to have such a variety of talent to choose from in Region 13. Thank you again Melanie and Carole!

We have more coaching sessions planned in the future so watch for further reporting on these wonderful sessions.

By Judy Cooper-MacLaren

Quiz from Bonnie Jeanne

These key signatures spell words. What are they?

One flat, 3 sharps, no sharps or flats, 4 sharps = _____

3 flats, 2 flats, 2 flats = _____

2 sharps, 3 sharps, 5 flats = _____

4 flats, 1 sharp, 1 sharp = _____

When singing, remember:

Always (5 sharps) _____ #, but never (2 flats) _____.

Considering 4/4 - How many rests, and what type do we need to add to the below to make 5 measures?



Answers on back page.

Upcoming Events

August 15, 2010: Taste of Edmonds performance at 11:00 AM on Main Stage

October 2, 2010: Seattle Shores Show - 7:00 PM at the Shoreline Community College Campus Theater

October 19-23, 2010: SAI Convention - Key Arena, SEATTLE

October 24, 2010: Tacoma Dome Holiday Craft Show

December 4, 2010: Our Annual Holiday Bazaar 7 AM till 5 PM (more in the next Newsletter)

December 18, 2010: SeaChordsmen Holiday Show

Never a Dull Moment

Not only is the Chorus busy getting ready for our upcoming show with coaching sessions and by learning new songs and reviewing old ones, we are creating and collecting items to sell at our Holiday Bazaar.

We are learning all about key signatures and Music Theory from Bonnie Jeanne. More on this will be in the next newsletter -- look for **Unraveling The Magic of Music**. This is what all the various Quizzes are about in our newsletters.

Since the last newsletter we have performed at the

AquaSox Game in Everett on July 18th. We received lots of good comments on our Star Spangled Banner, and had a good crowd gather around when we sang before the game.

June 12th was a full day: about 3/4 of the chorus performed at the Fairwinds Brighton Court for their Father's Day/Flag

Day joint celebration. At the same time our chorus' quartet Seattle Sound was their best as a guest quartet in the SeaChordsmen Chorus Show.

We had 5 members participate in the Power Quartet Workshop in Portland May 21st and 22nd. They had a blast!

We are OH so busy but it is OH so much fun!!!!

Fun at the Aqua Sox game



Member Spotlight

"Believe it or not our members have a life outside Seattle Shores. This article will highlight just one more member and her great service to others"

2010 Guatemala Mission Trip

Since 2004, I have been the optician on a medical mission trip to Guatemala. I bring glasses, kindness and smiles to the poor Mayan people around Lake Atatlan which is located north of Guatemala City. Here, the people live in adobe houses, cook with wood and eek out a meager existence farming on small plots, selling handmade wares, selling fire wood, selling crops or being taxi drivers. The latter is a small truck with bars in the back for people to hang on to as they bounce over the roads. The Pan American Highway and main towns have paved roads, the rest are dirt.

Before this year, it has been a women's team. One of our former members is now the Dean of a medical school in Yakima that trains students to be medical missionaries. This made the team co-ed. Between the medical students, our team, the Guatemalan doctors and dentists, Guatemalan helpers and translators, our team numbered 42. Yes, the team was big, but we all got along famously.

Many amazing things happen on trips. This time it was the glasses. I have developed a relationship with a glasses wholesaler that will give us distance and reading glasses

for 75 cents each. They also gave us slightly flawed glasses at 45 cents each. God provided the money and the faith to get the latter. They arrived the day before we left! Upon arriving in Guatemala City, everyone goes through customs. The team member that was next to me was stopped by the inspector. I continued on with my friend. For some reason, I began speaking to her in Spanish to follow the arrows "a la darecha." The inspector let me and my two big bags through with a nod and a smile. We followed the arrows down the corridor until we came to some construction. The hall turned and we followed that until we came to an open space with glass and sliding doors. We were looking around trying to figure out where to go next. A man in uniform opened the door and waved us through. Outside we found other members of our team. We waited there for about 30 minutes until the rest of our group arrived. My team mate had been stopped and told to open her bag. She had 50 pairs of glasses. The official wanted to see the receipt as to how much they cost. They put her bags through the x-ray machine and charged her \$150 for the glasses. This was something new, even to the Guatemalans.

Fortunately, she could speak fluent Spanish. She signed a paper saying that she would not bring glasses into the country for the next 6 months. She asked us, "Didn't you have to go through the x-

ray machine?" "What machine?," was our response. My two suitcases contained over 1,000 pairs of glasses! (A team from Oregon had taken down 500 pairs of glasses a month earlier with no problem. One of our team came down the next day, after us, and had to sign a paper similar to the one that my team member had to sign.)

On this trip, our doctors, dentists and hygienists saw over 600 patients. The pharmacy distributed thousands of dollars in medications. In optical, we saw over 200 patients and prescribed over 400 pairs of glasses. We examine and give distance, reading and sun glasses. Most patients need glasses to read the Bible or for sewing their incredible embroidery. Working in optical is an area where there is no pain involved. The people leave with smiles on their faces and gratitude in their mouths. Conjunctivitis and dry eye from the smoke and dust are common. The pharmacy has drops for those individuals. This year, the most challenging patients were two sisters with cerebral palsy. With a head constantly moving, it is difficult to determine if the glasses are helping the patient. We use a wall chart for distance and a mathematical chart to determine the approximate power for reading. It is then up to the patient to tell us if the glasses "es claro o no?" A smile, a "Si" or "Uts" are always good. The hardest part is not being able to help someone because of a large

power discrepancy between the eyes or the problems caused by glaucoma. We do our best, without doing harm.

The 10 days pass all too quickly. We then must say farewell to our much loved Guatemalan friends and return home. It is summer and time to begin raising money and ordering glasses for next year's mission trip. Unlike Americans, Mayans require low distance (-1.00) powers. These glasses come from China and take 6 months to arrive. No other team supplies them with glasses. Our efforts touch Mayans all year long.

Guatemala is a country between the old and the new. The women always come to see us in their very best clothes. They have exquisite, hand embroidered blouses, with hand woven striped material that they wrap around their waist's for skirts. The women use this same material to hold babies on their backs or around their neck to nurse them. In the clinic there was a Mayan woman, in native dress, nursing a baby, who pulled out and answered her cell phone!

Why do I do this? I know God called me to go to Guatemala. I have never regretted one minute of it. I have seen too many miracles and too many smiles to think otherwise.

By: Bonnie Jeanne Massey
Bonnie Jeanne is our Assistant Director and also teaches music and piano.

Seattle Shores Chorus

P.O. Box 77666
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Rehearsals held at:
14724 First Avenue NE
Shoreline, WA

Voice Mail: 206-363-8987

E-mail: seattle.shores@yahoo.com



SWEET ADELINES INTERNATIONAL

Do Re ___ Fa So La Ti Do
What is Missing??? That is right!
Come join us on Tuesday nights.

VISIT OUR WEB SITE
WWW.SEATTLESHORES.ORG

fold here

. Mark your Calendars .

Cut this out and paste to your calendar NOW!

October 2, 2010: Seattle Shores Live Show at the Shoreline Community College Campus Theater at 7 PM

October 19-23, 2010: Sweet Adeline International Convention – for more info: www.sweetadelineintl.org

October 24, 2010: Tacoma Dome Holiday Craft Show

December 4, 2010: Seattle Shores Annual Holiday Bazaar 7 AM till 5 PM

What's up?



What would be your caption?
'Tenors showing off!'
'I said sing on the top of the NOTES'

For the summer months, we have decided to hold rehearsals a half hour earlier, from 6:00 PM till 9:00 PM. We will look at returning

many if not all members will be attending those performances. Come join us there. If you have never gone to an International Performance, you are in for a real treat. The choruses are the champi-

to 6:30 till 9:30, after we try this earlier time for the summer months.

ons of their Region! I am sure I am 'talking to the choir' when I say Sweet Adeline Music is the best kept secret around.

On Tuesday, October 19th we will NOT have a rehearsal. This is the date the International Competition starts and

If you are looking for some entertainment for any event be it a birthday, anniversary or just a great get together, consider hiring us to come sing. We can supply the entire chorus; a partial chorus or even one of our quartets. Contact information is above.

Answers for page 2's Quiz:
1 FACE 2. EBB 3. DAD
4. EGG
Always be sharp, but never be flat.
One quarter rest in the middle